



## 5K RUN

# FREQUENTLY ASK QUESTIONS

### PRERACE

**Q: At what number are the participant capped?**

**A:** 60 participants

**Q: What are the distances for the event?**

**A:** 5km Run – (2 loops).

**Q: How do I register?**

**A:** Through the Race Roster registration system at <https://raceroster.com/events/2023/73063/stettler-triathlon-2023> .  
Additional info at <http://www.stettlertri.com/registration/> .

**Q: I don't want to use a credit card to register, can I use Interac?**

**A:** If you wish to use E-mail Interac Debit payment contact the Race Organizer at [joel.norman@stettlertri.com](mailto:joel.norman@stettlertri.com) to arrange it.

**Q: Upon the completion of registration will athletes receive an e-mail confirmation?**

**A:** Yes, upon registering for our Triathlon you'll receive an email that confirms your place in the race from Race Roster.

**Q: What is included in my 5K Run race entry?**

**A:** Finishers medal, post-race snacks/food, race bib, chip timing and access to the rec. center, entry to lots of great draw prizes and an overall great race experience.

**Q: Are finishing t-shirt included?**

**A:** In an effort to reduce the cost of the race entry we have made the finishing shirts optional. They are not included in the race registration price above but can be added on for \$25 in the registration system. Shirts are available as an add on until Thursday June 23, 2023.

**Q: Where do any race proceeds go?**

**A:** Back into the race to improve it for future years. The race is volunteer based, and time and effort is donated by our outstanding volunteer group.

**Q: When can we pick up our race packages? Where do we pick them up?**

**A:** The Saturday before the race 1:00pm to 7:00pm. Sunday Race Morning 6:30 am to 7:15am. We recommend picking up the package the night before if it is possible. Pick up desk is inside the [Stettler Rec. Center – 6202-44 Ave., Stettler, Alberta, T0C 2L0](#)

**Q: Where can I find the race information package with maps?**

**A:** <http://www.stettlertri.com/race-info/>

**Q: What are the age categories?**

**A:** Categories in age groups: 12-14 Years / 15-17 Years / 18-29 Years / 30-39 Years / 40-49 Years / 50-59 Years / 60-69 Years / 70+ Years

**Q: I'm injured or can't make it - Can I get a refund?**

**A:** There are no refunds for the race entry. If you are unable to attend or get injured prior to the race you can get a roll your entry over to the next year's race.



## 5K RUN

# FREQUENTLY ASK QUESTIONS

**Q: I'm coming from out of town, where should I book a room?**

**A: Hotels**

Canalta Bookings – Call 1-403-742-3371 [Canalta Stettler](#)

Ramada Bookings – Call 1-403-742-6555 [Ramada Stettler](#)

**A: Camping**

The closest camp site to the event is the [Town of Stettler Lions Campground](#). You can easily walk or bike over to the rec. center is less than 5 minutes. Another good option is [Prairie Junction RV Resort](#) – it has lots of amenities.

**Q: Will athletes receive confirmation they are entered?**

**A:** Yes, upon registering for our race you'll receive an email that confirms your place in the race.

**Q: Should I bring my own water bottle?**

**A:** Yes, we have lost of water jugs and the rec. center has a water bottle fill station. We are trying to reduce our one time plastic waste.

## RACE DAY

**Q: What is the location of the event?**

**A:** [Stettler Rec. Center – 6202-44 Ave., Stettler, Alberta, T0C 2L0](#)

**Q: Where is the best place to park?**

**A:** At the Stettler Rec. Center.

**Q: What time do the races start?**

**A:** The 5km fun run starts at 7:50am. The Adult Sprint starts at 8:00am, next is the Junior Sprint followed by the Tri-It. Swim start times will be e-mailed out the day before the race and posted on race day. Race day schedule can be found on our web page at <http://www.stettlertri.com/race-day-schedule/>

**Q: Where do I get my timing chip?**

**A:** At the start line / finishing arch.

**Q: Do I have to return my timing chip?**

**A:** Yes, volunteers will take off the chip after you cross the finish line.

**Q: What finishing awards are given out?**

**A:** Yes! Awards for the top 3 male and 3 female overall fastest finishing times under 17 years old and over 18 years old.

**Q: Do all participants receive a finisher's medal?**

**A:** Yes.

**Q: Are there water stations?**

**A - Run:** At the run loop crossing both directions and at the finish line turn around. See the run maps for more details.

**Q: Is there lockers to store bags and items?**

**A:** Yes, in the rec. center pool change rooms. The cost is 50 cents to lock them.



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**Q: Where are the washrooms?**

**A:** Inside the rec. centre in the pool change rooms, in the main hall and near the rink entrances.

**Q: Can I run across the finish line with a friend or family member?**

**A:** No, this is a Triathlon Alberta Rule due to previous safety concerns.

**Q: Can I wear headphones during the race?**

**A:** No, due to athlete safety concerns.

**Q: How difficult is the course?**

**A:** The run is flat with no climbs.

## POST RACE

**Q: Where will the results be posted?**

**A:** Ongoing results will be posted on the exterior of the rec. center. Ongoing results will be uploaded to Racepro's web site at <http://racepro.ca/races/stettlertri/>.

**Q: Are snacks and food provided after the race?**

**A:** Yes, food and snacks are available for athletes and volunteers.

**Q: What time do the awards start?**

**A:** The awards start around 1:00pm. Top 3 males overall, top 3 females overall and few special awards.

**Q: Are there any post-race prize draws?**

**A:** Yes – there are lots, prize draws happen after the awards are completed. You have to be present to claim your prize if your name is drawn.

**Q: I still have more questions – where can I get answers?**

**A:** If you can't find an answer to your questions in on our website [www.stettlertri.com](http://www.stettlertri.com), race package posted on the race info section of the website or the FAQ e-mail the race director Joel Norman at [joel.norman@stettlertri.com](mailto:joel.norman@stettlertri.com).